



THE UNIVERSITY of EDINBURGH
School of Health in
Social Science

Experiences of Self-harm in Autistic Women

This is a study conducted by Psychology Masters students at the University of Edinburgh. We are carrying out this project to explore experiences of self-harm and service provision amongst adult autistic women in recovery.

We would appreciate your participation in this study if you meet the following criteria:

- Cisgender woman
- Clinical or self-diagnosed autism without a learning disability
- Over 25 years old
- History of self-harm within the past 10 years
- No engagement in self-harm for at least the last 12 months
- Have ever accessed or attempted to access services for self-harm in the UK

Participation will involve a strictly confidential interview of up to 90 minutes with questions relating to your experience of self-harm and service provision from your perspective as an autistic woman. This can be in person or online, depending on your preference.

If you are interested, please get in touch with us by email:

er3research@gmail.com