



Derbyshire
Carers
Association

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www.derbyshirecarers.co.uk

Helping Hooves Monthly Mondays 10-12pm



Helping Hooves have created some exciting Carer bespoke sessions for you to attend!

These sessions are completely member lead. Come along and choose from connecting with horses, animal welfare and management, bush craft, mindful gardening and crafts.

These sessions will be once a month on the second Monday between 10am-12pm.

Come along for just one session or several sessions if you'd prefer.

Available dates:

Monday 8th August 10-12pm

Monday 12th September 10-12pm

Monday 10th October 10-12pm

Monday 14th November 10-12pm

Location:

Alfreton Road, Little Eaton, Derby

Bottle Brook Meadows, Located

opposite 291.



For more information and to book a place, please contact Katie Matkin by phone, **07773 173 416** or email: katie.matkin@derbyshirecarers.co.uk